

Kiss It (Keep it Scientific & Simple)

NUTRITION AND ORAL HEALTH FOR THE DENTAL PROFESSIONAL

The first signs of nutritional deficiency often reveal themselves in the oral cavity and lead to tooth decay, periodontal disease and a variety of systemic diseases.

It is important for dental professionals to recognize the dynamic, synergistic relationship that exists between oral health and nutrition. A diet consisting of frequent consumption of sugar and fermentable carbohydrates is associated with dentinal hypersensitivity, caries disease, periodontal disease, and other oral and systemic health problems.

In this course, Dr. Joy Void-Holmes emphasizes the three-way relationship between nutrition, oral health and systemic health. Participants will explore the physiological processes that occur after food consumption and the effects on the oral cavity. They will discover how sugar is hydrolyzed in the oral cavity and contributes to poor oral health in the presence of malnutrition. Participants will learn about preventative strategies and treatment modalities for patients with an unbalanced diet. They will gain the knowledge and skills to be able to provide thorough nutritional assessments for their patients.



Take the Learning Deeper...

Ask about expanding your course content with a deeper dive into these hot topics:

Sensitive Teeth, Sensible Solutions: Managing Dentinal Hypersensitivity

Examine new product innovations for managing dentinal hypersensitivity utilizing an evidenced based approach for treatment options.

Going for Gold: Shining a Light on Silver Diamine Fluoride

Explore the efficacy of SDF in managing caries and relieving dentinal hypersensitivity and the advantages of incorporating SDF in the dental practice.



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LEARNING OBJECTIVES:

- Recognize the dental professional's responsibility in promoting oral health and nutrition to prevent oral and systemic diseases
- Examine the roles of macro and micronutrients in human nutrition and tissue development
- Explain the importance and function of the digestive process
- Discuss the nutritional aspects of common oral conditions associated with poor diet
- Recommend preventative strategies that should be considered for patients with nutritional deficiencies

Suggested Audience:

All Dental Professionals

Suggested Format:

Partial Day;
Lecture, Workshop, Keynote

